****

**Rugby Union**

**Tag Rugby Award**

**Aim** The Rugby Union Proficiency Awards are an important tool to help players, teachers and coaches assess rugby union skills.

**Content** Introduction to the rules & skills of tag rugby, delivery of safe, fun coaching sessions, teaching & coaching of basic rugby skills into a game situation, rules of the game of tag rugby, essential skills and knowledge to be able to provide opportunities to young people to play tag rugby at schools, clubs & in the community.

**Assessment** There is no formal assessment, but on-course tutor appraisal.

**Pre-Requisites** None

**Duration** 3 hours

**Places Available** 24